

The Whole Dog Journal

Standard First-Aid Kit for Dogs

Find a sturdy bag or plastic box for your kit. Remember, this is just a guideline, and since every dog is different, be sure to consult with your vet.

Collect Important Phone Numbers

Collect the phone numbers for your holistic vet, the vet nearest you, AND the nearest emergency veterinary clinic. Also, ask your vet for the number for the Animal Control Center nearest you.

Gather a Comfy Blanket and Towels

Include a warm thick blanket and a couple of clean towels you can use to keep him warm on the way to, and at the vet's office. Keep some clean towels, too. They can be useful if your dog is bleeding.

Flower Remedies for Shock

Rescue remedy, or any other brand of flower essence therapy for shock is crucial. You'll need to keep your dog calm, and this is key for that. The most common brand is Rescue Remedy, but your vet can recommend others.

Dressings for Wounds

Include plenty of gauze pads, cotton, bandage tape, q-tips, and elastic bandages to ensure you're prepared for any flesh wounds. Don't forget scissors, adhesive tape, and tweezers!

Pure Water (Spring or Distilled)

Clean tools and vessels

Make sure you have a clean spray bottle, measuring cups and spoons, an eyedropper, and one or two clean glass (preferred) or plastic bottles.

Hydrogen Peroxide

Use this on any open wounds in order to prevent an infection.

Baking Soda, Cider Vinegar, and Soap (Castile, or other natural type)

These can help with a variety of topical issues like itching due to allergic reactions.

Homeopathic remedies

These are the 6c potencies that you should have: Aconitum, Apis mel., Arnica Montana, Hepar sulph, Hypericum, Ledum, and Silicea.

Herbal Cleansing Solutions

Calendula and hypericum are two common solutions.

Herbal Topical Remedies

Lastly, include some goldenseal, echinacea, and Chinese Yunnan Pia Yao, available in health food stores.

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